MARIN HEALTHCARE DISTRICT

100-B Drake's Landing Road, Suite 250, Greenbrae, CA 94904 **Telephone: 415-464-2090** **Fax: 415-464-2094**
www.marinhealthcare.org info@marinhealthcare.org

TUESDAY, NOVEMBER 10, 2026
BOARD OF DIRECTORS
5:30 PM: REGULAR OPEN MEETING

Board of Directors:
Chair: Jennifer Rienks, PhD (Div. 4)
Vice Chair: Brian Su, MD (Div. 3)
Secretary: Ann Sparkman, RN/BSN, JD (Div. 2)
Directors: Edward Alfrey, MD (Div. 5)
Vacant (Div. 1)

Staff:
David Klein, MD, MBA, CEO
Eric Brettner, CFO
Colin Leary, General Counsel
Tricia Lee, Executive Assistant

Location:
MarinHealth Medical Center
Conference Center
250 Bon Air Road, Greenbrae CA

Public option: Zoom video:
https://mymarinhealth.zoom.us/join
Meeting ID: 916 7438 2943
Passcode: 061704
Or via Zoom telephone: 1-669-900-9128

AGENDA

5:30 PM: REGULAR OPEN MEETING

	Presenter	Tab #
1. Call to Order and Roll Call	*Rienks*	
2. General Public Comment *Any member of the audience may make statements regarding any items NOT on the agenda.* *Statements are limited to a maximum of three (3) minutes.*	*Rienks*	
3. Approve Agenda (action)	*Rienks*	
4. Approve Minutes of the Regular Meeting of October 13, 2026 (action)	*Rienks*	#1
5. Falls Prevention: MarinHealth and Vivalon Partnership	*Lacanlale/ Vivalon*	#2
6. Dominican University of California Physician Assistant Studies Program Clinical Rotation Challenges and Opportunities for Physician Mentorship	*Sibley*	#3
7. Discussion of Authorization for Staff to Obtain Project Proposals, Cost Estimates, and Financing Options for Construction of new Hospital Facilities	*Rienks*	
8. Healthcare Advocacy and Emerging Challenges and Trends	*Klein*	

The agenda for the meeting will be posted and distributed at least 72 hours prior to the meeting.
In compliance with the Americans with Disabilities Act, if you require accommodations to participate in a District meeting please contact the District office at 415-464-2090 (voice) or 415-464-2094 (fax) at least 48 hours prior to the meeting.
Meetings open to the public are recorded and the recordings are posted on the District web site.

MARIN HEALTHCARE DISTRICT

100-B Drake's Landing Road, Suite 250, Greenbrae, CA 94904 **Telephone: 415-464-2090** **Fax: 415-464-2094**
www.marinhealthcare.org info@marinhealthcare.org

TUESDAY, NOVEMBER 10, 2026
BOARD OF DIRECTORS
5:30 PM: REGULAR OPEN MEETING

9. Committee Reports
   - A. Finance & Audit Committee (*Met Nov. 3)* — *Su*
   - B. Lease, Building, Education & Outreach Committee (*did not meet)* — *Rienks*
   - C. Primary Care Task Force Report — *Rienks/Sparkman*

10. Reports
    - A. District CEO's Report — *Klein*
    - B. Hospital CEO's Report — *Klein*
    - C. Chair's and Board Members' Reports — *All*

11. Agenda Suggestions for Future Meetings — *All*

12. Adjournment of Regular Meeting — *Rienks*

Next Regular Meeting: Tuesday, December 8, 2026 @ 5:30 p.m.

The agenda for the meeting will be posted and distributed at least 72 hours prior to the meeting.
In compliance with the Americans with Disabilities Act, if you require accommodations to participate in a District meeting please contact the District office at 415-464-2090 (voice) or 415-464-2094 (fax) at least 48 hours prior to the meeting.
Meetings open to the public are recorded and the recordings are posted on the District web site.

Tab 1

MARIN HEALTHCARE DISTRICT
BOARD OF DIRECTORS

REGULAR MEETING

Tuesday, October 13, 2026
MarinHealth Medical Center
Conference Center

MINUTES

1. **Call to Order and Roll Call**
Chair Rienks called the Regular Meeting to order at 5:31 p.m.

Board members present: Chair, Jennifer Rienks, PhD; Vice Chair, Brian Su, MD; Secretary, Ann Sparkman, RN/BSN, JD ; Edward Alfrey, MD
Staff present: David Klein, MD, CEO; Colin Leary, General Counsel; Eric Brettner, CFO; Tricia Lee, EA

2. **General Public Comment**
Public comment was received.

3. **Approve Agenda**
Director Alfrey moved to approve. Director Sparkman seconded.
Vote: all ayes.

4. **Approve Minutes of the Regular Meeting of September 8, 2026**
Approval of the Regular Meeting of September 8, 2026 Minutes. Director Alfrey moved to approve. Director Sparkman seconded. **Vote: all ayes.**

5. **Healthcare Advocacy and Emerging Challenges and Trends**
Dr. Klein provided an update regarding state and federal healthcare policy and advocacy matters. Topics included state budget funding, seismic compliance, facility fees, artificial intelligence legislation, healthcare regulations, Medicare and Medicaid funding, and potential legislative developments following the November elections.

The Board discussed recent e-bike legislation and AB 2311 regarding healthcare district physician employment eligibility.

6. **Committee Reports**
   A. *Finance & Audit Committee*
   Finance and Audit Committee did not meet. No report given.

   B. *Lease, Building, Education and Outreach Committee*
   The Committee did not meet. Chair Rienks reported on the successful Diabetes and Metabolic Health Symposium held September 26, 2026. Ms. Kinney reported positive participant feedback and noted that survey results would be presented at the next Committee meeting.

   C. *Primary Care Task Force*
   Chair Rienks reported that the Task Force continues coordinating stakeholder interviews regarding primary care access.

DRAFT

7. Reports

A. Hospital CEO's Report:

Dr. Klein reported on credit rating agency reviews, budget development, strategic planning, senior leadership recruitment, record hospital volumes, physician recruitment, and continued improvements in primary care access.

Additional updates included expansion of cardiac rehabilitation and outpatient services, installation of a second da Vinci surgical robot, plans to upgrade the NICU to Level III, growth throughout the MarinHealth Medical Network, quality and safety improvements, and recent hospital recognitions.

Facility updates included medical imaging equipment replacement planning, weapons detection screening, approximately 200 off-site employee parking spaces, development of a second parking structure, mobile MRI services, and installation of new EV charging stations.

The Board discussed hospital leadership structure, pediatric hospitalist coverage, IT equipment maintenance, NICU staffing needs, and imaging services.

Public comment was received.

B. Chair's and Board Members' Reports:

Chair Rienks reported on the ACHD Annual Conference and discussed potential community initiatives involving health literacy, youth cardiac screening, and caregiver support programs. She also noted the District's 70th anniversary and suggested a celebration in December.

Director Su expressed appreciation for the quality of care provided by MarinHealth Medical Center physicians and staff.

Director Alfrey reported on the ACHD Annual Conference and provided an update on the hospital's e-bike injury research manuscript and potential collaboration with Marin County.

Director Sparkman reported on the Marin Senior Fair and the availability of the Marin County Commission on Aging resource guide.

8. Agenda Suggestions for Future Meeting

Director Alfrey requested a presentation regarding the hospital's partnership with Vivalon on fall prevention initiatives.

Director Su suggested inviting representatives from Dominican University's Physician Assistant Studies Program to discuss clinical rotation opportunities and potential collaboration with MarinHealth physicians.

9. Adjournment of Regular Meeting

Chair Rienks adjourned the Regular Meeting at 6:28 pm.

DRAFT

Tab 2

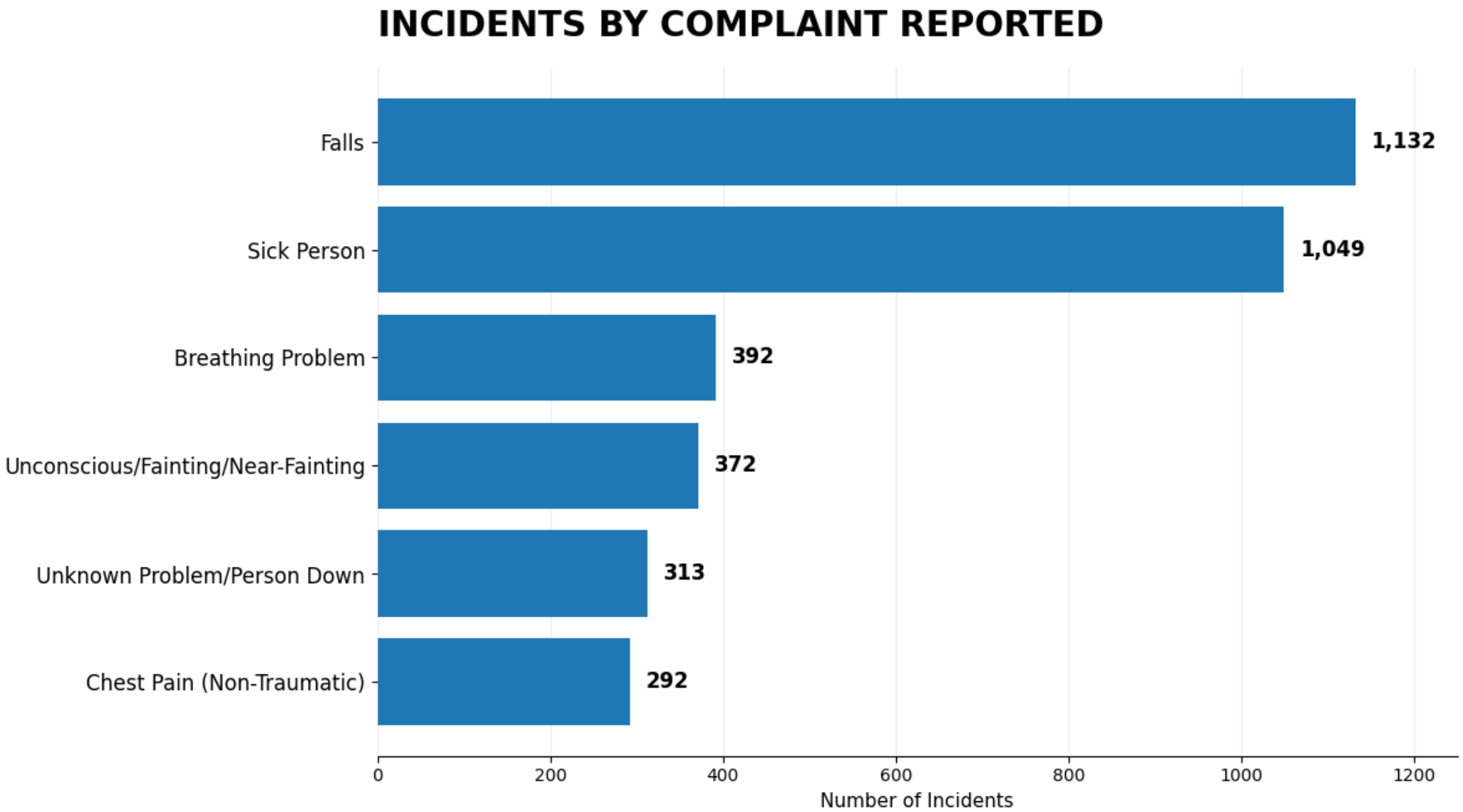
Falls Prevention at Vivalon



Why Falls Prevention Matters

- **2,400** 911 calls every year
- **6.5** 911 calls every day
- **28** deaths each year
- Death from accidental injury are most often due to falls




INCIDENTS BY COMPLAINT REPORTED
Falls
1,132
Sick Person
1,049
Breathing Problem
392
Unconscious/Fainting/Near-Fainting
372
Unknown Problem/Person Down
313
Chest Pain (Non-Traumatic)
292
0
200
400
600
800
1000
1200
Number of Incidents



Vivalon's Approach: Preventing Falls, Building Confidence

- Evidence-based programs
- Movement and balance training
- Confidence building
- Fall risk assessments
- Welcoming community environment
- Annual Fall Prevention and Awareness Week (3rd week of Sept)

A Matter of Balance

- Evidence-based program that helps participants:
- Reduce fear of falling
- Set activity goals
- Learn practical fall-prevention strategies
- Improve strength and balance
- **8 weeks, 1x week for 2 hours (registration required)**

A MATTER OF BALANCE
MANAGING CONCERNS ABOUT FALLS





Tai Chi for Arthritis and Fall Prevention

- Evidence-based fall prevention program
- Gentle, slow movements
- Improves balance and stability
- Builds strength and flexibility
- **16 weeks, 2x week for 1 hour**



Ballet Concepts for Strength and Balance

- Focus on posture and alignment
- Strengthens core muscles
- Improves balance and coordination
- Adapted ballet-inspired movement
- Taught by Marin Ballet instructor
- **Ongoing, drop in**



Qi Gong for Falls Prevention

- Gentle movement and breathing
- Improves body awareness
- Enhances balance and stability
- Promotes relaxation and mobility
- **Ongoing, drop in**



Strength in Balance

- 8-week continuation class for graduates of A Matter of Balance (AMoB).
- Led by AMoB trained instructors
- Focuses on exercises drawn directly from the AMoB program.
- Build skills to stay steady, confident, and active.
- **8 weeks, 1x week for 1 hour, (registration required)**



Quarterly Fall Assessments

- Board-Certified Neurologic Physical Therapist

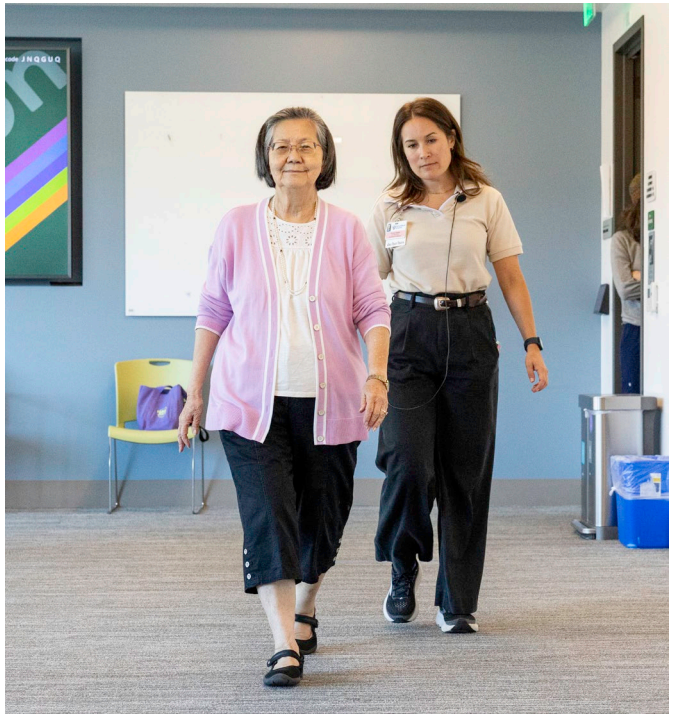
Includes

- Balance screening
- Strength evaluation
- Mobility assessment
- Personalized recommendations









Fall Prevention Awareness Week

- Led by the National Council on Aging (NCOA)
- 3rd week in September
- Opportunity to raise community-wide awareness about Fall Risks and Awareness





Creating an Ecosystem

Coordinated care to prevent falls and improve lives.



EMS

- Fall assessment
- Emergency response
- Referral coordination

Hospitals

- Medical evaluation
- Treatment & stabilization
- Discharge planning
- Referral to programs

Vivalon

- Fall prevention classes
- Strength & balance training
- Home safety education
- Ongoing support & wellness

Continuity of Care ● Improved Outcomes ● Enhanced Quality of Life

Referral Slips

Vivalon for Falls Prevention

Many older adults experience concerns about falling and look for ways to be more active. Vivalon offers evidence-based programs to help you improve your strength and balance while reducing fears of falling.

Name _____

Referred by _____

From office/organization _____

☐ General mobility & falls prevention programs at Vivalon, including (but not limited to) QiGong, Tai Chi, Yoga, Zumba, or other.

☐ A Matter of Balance (8-week workshop) will help you learn ways to reduce falls and the fear of falling. You will learn exercises to help with balance.

Contact for Class Listing or More Information
Jacob Orozco, Vivalon Program Coordinator
jorozco@vivalon | 415-456-9062

Find the program that's right for you.

Mobility & Falls Prevention

Vivalon offers a variety of ongoing movement classes that support balance, strength, flexibility, and mobility. Classes are designed for older adults and can be adapted for different ability levels.

Examples include:

- QiGong Chair Yoga and Yoga
- Balance and strength classes such as Ballet Concepts and Fun Fitness
- Cardio and movement classes including Zumba for older adults
- Strength in Balance

Many classes are offered in person and online, and most allow drop-in participation.

Evidence-Based Programs

A Matter of Balance

This nationally recognized program helps participants reduce fear of falling and increase activity levels.

Participants learn how to improve balance, set goals, and make changes in their homes.

Tai Chi for Arthritis and Falls Prevention

This program focuses on slow, controlled movements that improve balance, flexibility, and strength.

Participants often experience improved mobility, reduced fall risk, and enhanced cardiovascular health.

Vivalon

Thank You!

Michele Levine
Director, Healthy Aging Programs
mlevine@vivalon.org

Contact Us

415-456-9062
info@vivalon.org

Learn More

Vivalon Insider Newsletter
vivalon.org/insider

VivalonMarin | @vivalonmarin | Vivalon

Tab 3

DOMINICAN UNIVERSITY of CALIFORNIA

Master of Science in
Physician Assistant Studies

Partners in Training Tomorrow's PAs

Expanding the Preceptor Network, Strengthening the Hiring Pipeline

marinhealth®





Brett Sibley, PA-C
Director of Clinical Education



Jan Stottlemyer, PA-C
Associate Professor



Ellen Lynch,
Director of Clinical Development

Agenda

- Program Overview
- Clinical Rotation Landscape
- MarinHealth / Dominican Partnership
- A Look to the Future
- Q&A

DOMINICAN UNIVERSITY of CALIFORNIA
Master of Science in Physician Assistant Studies

OUR VISION

To be a national leader in PA education, preparing physician assistants of the highest quality to practice medicine in partnership with physicians and the healthcare team.

Our Mission

- Compassionate, high-quality, patient-centered, team-based care
- An active learning environment that promotes diversity and inclusion
- Reflection, creativity and critical thinking as core competencies
- Cultural humility in every patient encounter
- Lifelong learning and advancement of the PA profession
- Meaningful contributions to the diverse communities we serve

DOMINICAN UNIVERSITY of CALIFORNIA

Master of Science in Physician Assistant Studies

The Program at a Glance

28 months

4 semesters didactic learning
3 semesters clinical rotations

35-40 students

3 cohorts annually
Diverse, exceptional students
Highly selective admissions process

11.7:1

Student-to-faculty ratio
(PAEA mean: 12.8:1)

ARC-PA

Accreditation-Continued; next review March 2032

8 cohorts to date

First graduating class 2019

9 clinical rotations

Four- and Five-week
Seven required
Two elective

Students Arrive Rotation-Ready

DEEP DIVE IN DIDACTIC YEAR

- Dermatology
- HEENT
- Pulmonology
- Hematology
- Cardiology
- Gastroenterology
- Endocrinology
- Urology/Nephrology
- Women's Health
- Neurology
- MSK/Rheumatology
- Psychiatry
- Infectious Disease

- Clinical assessment & history-taking
- Simulation & standardized-patient practice
- Clinical pharmacology I & II
- Emergency medicine, surgery & procedural skills
- Behavioral medicine & special populations
- Ethics, professionalism & evidence-based medicine

Clinical Rotations

Seven Core Rotations | Two Electives

CLINICAL YEAR	ROTATION LENGTH	HANDS-ON CARE
January – November	**4 – 5 Weeks**	**150 – 200 Hours**

Core Rotations

- Emergency Medicine
- Family Medicine
- General Surgery
- Gynecological, Sexual & Reproductive Health
- Internal Medicine
- Pediatrics
- Psychiatric & Behavioral Health

Elective Rotation Examples

- Dermatology
- Orthopedics, Cardiothoracic, Vascular, Plastic Surgery
- Pulmonary & Critical Care
- Pediatric Subspecialties
- ICU
- Cardiology
- Oncology
- Immunology

See Our Program in Action



Video not playing? **Watch on Vimeo**

DOMINICAN UNIVERSITY of CALIFORNIA

Master of Science in Physician Assistant Studies

Our partnership has a strong foundation.

2019 → 2026

Beginning Preceptors:

Joseph Habis, MD

Edward Alfrey, MD

David Goltz, MD

Current Preceptors:

Edward Alfrey, MD (General Surgery)

David Goltz, MD (Orthopedic Surgery)

Cynthia Goodman, MD (Plastic Surgery)

Romeo Agbayani, MD (ENT, Head & Neck Surgery)

Brandon Wong, PA-C (Vascular Surgery)

Our challenge is scaling clinician participation beyond a small committed group.

DOMINICAN UNIVERSITY of CALIFORNIA

Master of Science in Physician Assistant Studies

marinhealth®

The hiring pipeline is visible!

Dominican graduates are already caring for MarinHealth patients across multiple specialties.

DOMINICAN PA GRADUATES AT MARINHEALTH / MARINHEALTH MEDICAL NETWORK



Brittany Jang, PA-C
Urology / specialty care



Quianna Ashley-White, PA-C
Orthopedic Surgery



Kimya Baradaran, PA-C
Cardiology / Women's Heart Health



Conor Brown, PA-C
Spine Surgery



Stephanie Pritzkow, PA-C
Orthopedic Surgery



Minh Nguyen, PA-C
Family Medicine



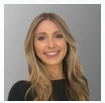
Ekta Patel, PA-C
Family Medicine



Sarah Rubin, PA-C
Family Medicine



Megan Glesson, PA-C
Vascular Surgery



Danielle Balestra, PA-C
Internal Medicine

A coordinated preceptor initiative can strengthen a workforce pipeline that already exists.

Source: uploaded Board Briefing; MarinHealth Find a Provider profiles, October 2026. Verify current affiliations before presenting.

California PA training programs are expanding

More PA programs and more PA jobs increase pressure on the same finite clinical training infrastructure.

20
ARC-PA accredited California programs

+6
additional California programs seeking accreditation

1,029
approximate annual enrollment slots statewide

MORE STUDENTS + MORE JOBS

+26.7%

Projected California PA employment growth, 2024–2034

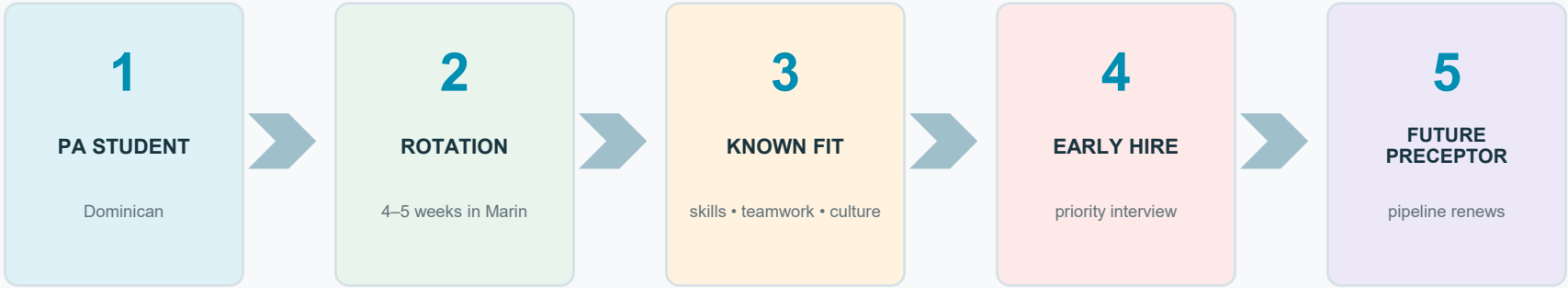
~13,500 → ~17,100 jobs

The Challenge: Clinical training capacity must keep pace with growing demand

Sources: ARC-PA accredited/applicant program lists; California PA Board capacity materials; California EDD PA employment projections.

Clinical education can become recruiting infrastructure

A rotation is simultaneously education, an extended interview, and a realistic preview of the goodness of fit



TRAIN HERE. WORK HERE. STAY HERE.

Exclusive opportunity to convert the teaching/learning experience into select recruitment pipeline

Sources: PA clinical education literature; California health-system clinical education models; uploaded Board Briefing hiring-pipeline framing.

Why Partner With Dominican

Shape the PA workforce

California PA jobs are projected to grow 26.7% from 2025 to 2034. Change the future of healthcare by mentoring clinicians your community needs.

Our students arrive prepared

16 months of rigorous didactic and simulation training before their first rotation

Our team does the legwork

We manage affiliation agreements, student compliance and scheduling, so you can focus on healing and teaching.

Committed to community

We are a minority serving institution, ↑ 25% of students identify as Hispanic, ↑ 25% as Asian American, Native American, Pacific Islander

U.S. News & World Report
2027 Best Colleges

#7 Regional Universities (West)

#4 Top Private Schools (West)

#9 Best Value Schools (West)

DOMINICAN UNIVERSITY of CALIFORNIA
Master of Science in Physician Assistant Studies

What Our Preceptors Receive



First Access to Talent

Be first in line to recruit outstanding new PA graduates for your team.



CME Credit

Earn Category 1 and/or Category 2 continuing medical education credit.



Campus Access

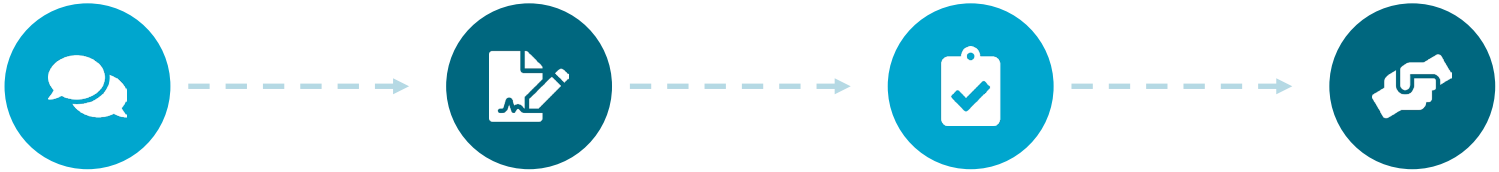
Use of sports facilities, pool and libraries, Up-To-Date, plus complimentary event tickets.



Honorary Teaching Fellow

An academic appointment with Dominican, plus the option to give guest lectures.

Partnering Is Simple



1. Connect

Meet with our Clinical team to discuss your site, specialties and capacity.

2. Formalize

We prepare and manage the affiliation agreement with your organization.

3. Onboard

Students arrive with immunizations, background checks and site requirements complete.

4. Teach & Mentor

Our clinical education team supports you and your student throughout each rotation.

Preceptor Orientation Handbook available on the MSPAS program website.



Your Mentorship Shapes Their Practice

“You will leave Dominican prepared to make significant contributions to the diverse communities you serve.”

— Dr. Joseph Habis, MD

Every graduate who walks across the stage learned at the side of a preceptor like you.

marinhealth®

DOMINICAN UNIVERSITY of CALIFORNIA

Master of Science in Physician Assistant Studies



Brett Sibley, PA-C
Director of Clinical Education
Brett.Sibley@dominican.edu



Jan Stottlemyer, PA-C
Associate Professor
Jan.Stottlemyer@dominican.edu



Ellen Lynch,
Director of Clinical Development
Ellen.Lynch@dominican.edu

QUESTIONS?

DOMINICAN UNIVERSITY of CALIFORNIA
Master of Science in Physician Assistant Studies