

# MARIN HEALTHCARE DISTRICT

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## Board of Directors Lease, Building, Education and Outreach Committee Tuesday, January 20, 2026 @ 5:30 PM Marin Healthcare District Office

### MINUTES

#### 1. Call to Order

Chair Rienks called the meeting to order at 5:35 pm.

#### 2. Roll Call

*Committee members present:* Jennifer Rienks, PhD (Chair), Samantha Ramirez (Board Member);  
Kathy Taylor (Community Member)

*Staff present:* David Klein, MD, CEO; Jill Kinney (VP Marketing and Communications); Tricia Lee (EA)

#### 3. Public Comment

There was no public comment.

#### 4. Approval of the Agenda/Approve of Minutes

Agenda approval: Ms. Taylor moved to approve the agenda as presented. Director Ramirez seconded. **Vote: all ayes**

Minutes approval: Ms. Taylor moved to approve the minutes of the meeting of August 18, 2025. Director Ramirez seconded. **Vote: all ayes**

#### 5. 2025 Recap

Ms. Kinney provided a recap of the 2025 seminar and outreach activities. She reviewed feedback from the Careers in Medicine event, noting that survey responses were overwhelmingly positive. She noted that the primary area for improvement was pacing, as attendees and tour groups felt rushed.

Ms. Kinney also reviewed the Men's and Women's Spring Health Fair. The event received strong feedback, with attendees rating it very positively; however, the format of four seminars in one event was ambitious and somewhat compressed.

Ms. Kinney reviewed the Grow Your Own Food seminar held at Falkirk Cultural Center. Committee members discussed that the instructor was well received, but the venue and outdoor setup were not ideal, attendance was lower than anticipated.

Ms. Kinney reported that the overall 2025 budget was significantly under budget. The total budget was \$114,864, including \$16,000 allocated for charitable contributions, and actual spending was \$49,863, resulting in a positive variance of approximately \$65,000.

#### 6. Careers in Medicine Event

Ms. Kinney reported that the next Careers in Medicine event is scheduled for March 5, 2026. She stated that speakers have been identified and that changes are being made based on feedback from the previous event. The agenda will be expanded from 11:00 am to 3:30 pm to allow more time for tours, presentations, and student engagement.

Ms. Kinney noted that students will be able to select their preferred tour group during registration, with groups closing once capacity is reached.

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The Committee discussed revising the speaker lineup to better match student interests. Suggestions included adding speakers representing lab tech, radiology tech, ultrasound, phlebotomy, interpreters, registration, billing, and other healthcare career pathways that may require less than a four-year degree. Members emphasized the importance of showing students a range of options, including education requirements, costs, potential salaries, and career progression opportunities.

The Committee also discussed creating a “show and tell” or equipment display area with items such as surgical instruments, lab supplies, ultrasound equipment, OB-related equipment, or other hospital equipment to expose students to additional healthcare careers.

#### 7. Update on Citizen Led Bond Initiative

Dr. Klein provided an update on the citizen-led parcel tax initiative. He reported that proponents are nearing completion of the signature-gathering process. Once the signatures are submitted, the County will verify them and then provide the results to the District Board.

Dr. Klein stated that, if the measure qualifies, the District Board would determine which election ballot the measure would appear on, potentially the June or November election.

#### 8. Future Seminar Topics

The Committee discussed potential future seminar topics. Suggested topics included women’s cancers, women’s health, perimenopause and menopause, cardiometabolic health, diabetes, weight loss medications, thyroid and parathyroid issues, dementia and Alzheimer’s disease, end-of-life planning, dermatology, and teenage mental health.

Ms. Kinney noted that there is donor interest in supporting a large women’s cancer seminar, potentially as an all-day event with multiple speakers, vendors, and activities. The Committee expressed support for further exploring the opportunity.

The Committee discussed a potential cardiometabolic health seminar, including diabetes, heart health, kidney health, thyroid issues, and weight loss medications.

The Committee also discussed dementia and Alzheimer’s disease as a high-need topic, including caregiver support, community resources, advocacy, and gaps in services.

The Committee discussed teenage mental health and the ASPIRE program. Members noted that ASPIRE serves adolescents ages 12 to 17 experiencing depression, anxiety, post-traumatic stress, and other mental health challenges, and that it is a more intensive program. The Committee agreed that a broader teen mental health seminar would require more thought and likely partnership with schools or other community organizations.

The Committee also reviewed potential pop-up events and community outreach opportunities, including the Senior Fair, Marin City Women’s Health and Wellness Day, library health screening events, Heart and Student Health Day, Vivalon fall prevention programming, food delivery partnerships, infant CPR classes, general CPR classes, and school-based wellness events.

#### 9. Adjournment

Chair Rienks adjourned the meeting at 6:30 pm.