

Community Health Seminar Series

Women and Cardiometabolic Health

How Cardiovascular Disease and Diabetes Interact to Affect Overall Health

You're Invited...

Heart disease is the number one cause of death for women in the United States, accounting for 1 in 5 deaths in US women. Cardiometabolic risk factors also increase the likelihood of experiencing vascular events or developing diabetes.

In this presentation, Dr. Gaudiani and Dr. Szady will:

- Discuss the chronic conditions that disproportionately impact women.
- Explain the link between certain chronic conditions and women's cardiometabolic risk.
- Describe what steps to take to screen for, diagnose, and manage chronic conditions in women.

Dr. Szady will address how cardiovascular disease affects women, the risk factors women should be aware of, and ways for women to improve heart health.

Dr. Gaudiani will address endocrine issues specific to women such as hormonal development, gestational diabetes, stressors, courses of treatment, methods of prevention, and whether diabetes presents uniquely in women.

Featured Speakers

Linda Gaudiani, MD, FACP, FACE

MarinHealth Endocrinologist

Anita Szady, MD, FACC

MarinHealth Cardiologist

About Our Community Health Seminar Series

Marin Healthcare District's Community Health Seminar Series offers periodic educational forums for the Marin community on relevant health-related issues.



WEDNESDAY, MARCH 4
6:30 pm

Community Room
at Jason's Restaurant
300 Drakes Landing Road
Greenbrae, CA

This FREE event
is open to all.
RSVP is not required.