If you think your child has an eating disorder, start here.

Marin Healthcare District is pleased to present:

Adolescent eating disorders: What steps can you take?

Eating disorders affect more than 30 million people in the U.S. It's a serious condition that impacts all genders, races, and ethnic groups, and it can negatively impact one's health, emotions, and ability to function in all areas of life. Most eating disorders involve focusing too much on weight, body shape, and food, leading to dangerous eating behaviors that can harm the heart, digestive system, bones, teeth and mouth, and lead to other diseases.

The good news is that with proper treatment and early intervention, your child can return to healthier eating habits and reverse serious complications caused by eating disorders.

FEATURED GUEST



Erin C. Accurso, PhD, is an Associate professor in the Department of Psychiatry and behavioral Sciences at

UCSF, where she also serves as Clinical Director of the UCSF Eating Disorders program. Her focus is on the treatment of eating disorders with the goal of improving access to evidence-based care for diverse youth with eating disorders.

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May 24, 2023 | 5:30 – 7:00 p.m. | San Rafael Community Center 618 B. Street, Club Rooms 2 & 3 | San Rafael, CA 94901

RSVP BY MAY 22: www.marinhealthcare.org/Eatingdisorders



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