



**MARIN HEALTHCARE DISTRICT
BOARD OF DIRECTORS**

REGULAR MEETING

**Tuesday, November 14, 2023 @ 5:30 pm
Inverness Conference Room
and via Zoom Teleconference**

MINUTES

1. Call to Order and Roll Call

Chair Su called the Regular Meeting to order at 5:30 pm.

Board members present: Chair Brian Su, MD; Vice Chair Edward Alfrey, MD; Jennifer Rienks, PhD; Samantha Ramirez, BSW

Board member absent: Secretary Ann Sparkman, RN/BSN, JD

Staff present: David Klein, MD, CEO; Colin Leary, General Counsel; Louis Weiner, EA

2. General Public Comment

There was no public comment.

3. Approve Agenda

Dr. Alfrey moved to approve the agenda as presented. Ms. Rienks seconded. **Vote: all ayes.**

4. Approve Minutes of the Regular Meeting of October 10, 2023

Ms. Rienks moved to approve the minutes as presented. Dr. Alfrey seconded. **Vote: all ayes.**

5. Move to reconfirm findings under Assembly Bill 361 and extend Resolution MHD 2023-02 to continue virtual meetings of the Marin Healthcare District Board of Directors

Ms. Rienks moved to approve. Dr. Alfrey seconded. **Vote: all ayes.**

6. Proposed amendment to MHD bylaws regarding name and scope of the Lease & Building Committee

Dr. Klein and Mr. Leary presented (Tab #3) a draft of the MHD Bylaws reflecting the Board's desire (as expressed in the previous Regular Meeting and recorded in the minutes of that meeting) to change the name and description of the Lease & Building Committee better to reflect the committee's current role. As presented in this draft, the name of the committee would be changed to "Lease, Building, Education and Outreach Committee" and in Article V Section 4 the committee's description would be augmented with "(f) Develop, propose, and recommend to the Board educational and community outreach programs for the benefit of residents of the District, including without limitation health education seminars, health or career fairs, and other events designed to facilitate connection between the District and the communities it represents and better health outcomes for such communities."

After general discussion Dr. Su asked for public comment and there was none. He asked for a motion to approve the Bylaws amendment as presented. Ms. Rienks so moved. Dr. Alfrey referenced Article VII Section 1, "Triennial Review," and asked that this motion include acknowledgement that this present discussion fulfills the requirement of triennial Bylaws review. Ms. Rienks moved to approve, with the added inclusion presented. Dr. Alfrey seconded the motion, with the inclusion. **Vote by roll call: All ayes.**



7. **Second Reading: Approval of Ms. KC George for membership on the MarinHealth Medical Center Board of Directors, as recommended by the MHD/MHMC Joint Nominating Committee on September 6, 2023**

The District Board, at its previous Regular Meeting, reviewed Ms. George's candidacy for membership on the MHMC Board and, in accordance with the MHMC Bylaws Article IV.4.4(h), chose to take the full two of its meeting cycles before final approval or rejection, and this was the second cycle. After general discussion Dr. Su asked for public comment, and there was none. He asked for a motion to approve as presented. Ms. Rienks moved to approve, and Dr. Alfrey seconded. Vote by roll call: **All ayes.**

8. **Nomination, review and approval of Molly Koehler, DO, for membership on the MHD Finance & Audit Committee**

Dr. Alfrey and Dr. Su presented (Tab #5) Dr. Molly Koehler to serve as a Community Member on the MHD Finance & Audit Committee. Dr. Koehler was present, remotely, and expressed her interest and desire in serving the District and its mission. After general discussion Dr. Su asked for public comment, and there was none. He asked for a motion to approve as presented. Dr. Alfrey moved to approve, and Mr. Rienks seconded. **Vote: all ayes.**

9. **Report: Gun Safety Collaborative, with Marin County District Attorney Ms. Lori Frugoli**

Dr. Su welcomed Ms. Lori Frugoli, County of Marin District Attorney, and Ms. Pellie Anderson, Co-Chair of Marin Gun Safety Collaborative, and both presented (Tab #6). They acknowledged that healthcare providers play a key role in the community-wide partnership toward gun safety. The Marin Gun Safety Collaborative has 48 community partner entities and is growing. Free gun locks are made available.

The 2022 Marin Gun Buy-back program was successful and compared very well to other Bay Area counties. The next program has not yet been planned, as law enforcement agencies are understaffed. Agencies accept voluntary firearm surrenders and temporary storage.

Gun violence is a national public health crisis, with easy access to firearms a major cause, and suicide the outcome by a slight majority. The #1 cause of death for children in America is gun violence.

In Marin, around 15% of homes have firearms. Firearm suicide counts for about 78% of gun-related deaths in Marin, with highest proportion in people aged 50 and older, nearly all men.

Health care interactions provide intervention opportunities to prevent firearm suicide.

Ms. Frugoli and Ms. Anderson tomorrow night are presenting a full presentation to the MarinHealth Medical Center Medical Executive Committee.

Gun Violence Restraining Orders (GVRO) was explained and discussed. For an emergency restraint, the concerned parties (which can include physicians and clinical staff) contact law enforcement, and law enforcement obtains the GVRO directly from the court

10. **Report: Marin County Commission on Aging, with Mr. Lee Notowich**

Dr. Su welcomed Mr. Lee Notowich, Chair of the Marin County Commission on Aging. His slide deck was not included in the packet, and was presented in print and on screen, and is posted to this meeting's MHD web page.

The Commission is a voice for Marin residents aged 60 and up. It is a federally mandated advisory council to the Marin Board of Supervisors. Its mission is to "Promote dignity, independence, equity and quality of life for older adults in Marin County through advocacy, information, programs and services." It is composed of five committees: Housing and transportation, health and nutrition, equity, advocacy, and outreach. A planning group does a needs assessment



every four years. The Commission members are all volunteers who get some administrative support from Marin Health and Human Services.

Older adults are the fastest growing age group in Marin, and Marin has the fastest growing 60+ community in the state. People aged 60+ are 29% of Marin's population, projected to be 38% by 2030. The fastest growing sector are aged 85+. Average life expectancy in California is 81, and in Marin it's 85.2. National average is 76. In Marin there are pronounced disparities in census tract (age 92.0 in Sausalito vs. age 77.1 in Marin City) and in ethnicity (age 88.7 for Asian and age 77.1 for Black).

Ageism is a major challenge that can be reduced through policy and law, educational activities, and intergenerational interventions.

Isolation presents severe health consequences with increased risks of heart disease, stroke, dementia, and premature death. Hospital visits by isolated individuals are considerably higher than by those living with others.

The Commission's congregate dining program ("Lunch With Friends") for those aged 60+ is a successful weekly lunch provided at 6 locations in Marin.

The Commission has an Information and Assistance phone line that includes connections to Area Agency on Aging, Adult Protective Services, In-Home Supportive Services, and Long-Term Care Ombudsman Program.

11. Committee Reports

A. Finance & Audit Committee

Dr. Alfrey reported that the committee did not meet, and there is nothing to report.

B. Lease & Building Committee

Ms. Kinney reported that for the MHD re-branding logo development, Watson Creative agreed to a fee of \$20,000, submitted a scope of work, and has begun the work. Ms. Rienks moved to approve the fee. Dr. Alfrey seconded. **Vote: all ayes.**

Ms. Kinney reported that the recent MHD seminar on skin cancer in the hospital's Conference Center was very successful. 90 people attended. Dr. Ravinder Gogia presented well and the audience asked many questions. The event's success was also attributed to the topic, location, and promotion campaign.

Ms. Kinney reported that the next planned seminar on "Healthy Eating for the Holidays" proved too expensive to mount and the lead time too short. The committee will discuss a similar event scheduled in the new year, possibly at the hospital, at a lower cost.

The committee will discuss mapping out the seminar series for the entire year.

12. Reports

A. District CEO's Report

Dr. Klein reported that, during the current APEC conference in San Francisco, MHMC is a designated hospital for diplomatic priority if needed.

We are initiating a safety domains program for safe patient handling, ergonomics, etc., with experts and internal stakeholders.

Hybrid OR is completed and awaiting final CDPH approval.

Pharmacy compounding area rebuild is in process.

Nuclear medicine project is scheduled for completion in June, multi-specialty imaging center in Novato is also scheduled for June completion, and the medical hub in Petaluma is under construction and scheduled for completion in summer.

Senate Bill 525, minimum wage for healthcare workers, was modified with differing paces of rates of wage increases for different size healthcare systems. As modified, it was supported by labor unions, CHA and CMA, and was signed by the Governor.



Assembly Bill 1882, the seismic requirements due in 2030, has requirements due January 1. Full facility evaluation is coming due. Seismic correction compliance status levels will be required to be notified to internal and external entities. Cedar Pavilion will be able to be retrofitted, while the Redwood Pavilion will not. This will be discussed at the upcoming Board retreat in January.

B. Hospital CEO's Report

The Hospital Board retreat in October went very well, and will be reported on at the upcoming MHD Board retreat in January.

Hospital volumes continue high with discharges, admissions, ER visits and surgeries all favorable to budget.

Primary care physician recruitment is a priority and the active pipeline continues.

The hospital's new Chief Medical Officer will be announced later this week.

Current marketing campaign focuses on cardiac, OB, urgent care and vascular. The new branding is well received with positive feedback.

New masking protocol started November 1, with masks required in patient care areas and in outpatient clinics.

Last week's Town Hall for employees focused in hospital finance and was well attended. Mr. Brettner and his Finance team are to be commended for their excellent presentation.

MHMC has just been awarded the "A" Grade from Leapfrog.

MHMC scored "100%" on Partnership Health Plan Quality Criteria for quality of patient care.

MHMC received the "5 Star" rating from CMS.

Regarding public access to finding primary care physicians (and Advanced Practice Professionals) who accept new patients, Ms. Kinney added comments that the website is being enhanced with such capability. The website is also being enhanced as a physician recruiting tool.

C. Chair's and Board Members' Reports

Ms. Rienks commented that Lease & Building Committee discussed issuing a monthly email health education newsletter focusing on a single topic. This can be further discussed at the retreat.

Ms. Ramirez thanked Ms. Kinney and her team for helping stage the recent community health events, and encouraged planning more for the new year. She asked for support for an upcoming toy fair in the Canal area, and will send information to the Board.

Dr. Su expressed thanks for both of the guest presentations at tonight's meeting. He asked about the active shooter drills for the outpatient clinics; Dr. Klein reported they are scheduled and occurring for the hospital and the clinics, and will find out when it's scheduled for Dr. Su's clinic.

13. Agenda Suggestions for Future Meetings

Dr. Su asked to include, on the December agenda, a discussion for suggesting topics for the January Retreat.

E-bike safety and regulation is on the agenda for the December meeting.

Youth involvement in the hospital, as volunteers and career development etc.

Ms. Rienks: Social needs and mental health screening procedures and tools within the hospital, and how such information is shared with the community.

14. Adjournment of Regular Meeting

Dr. Su adjourned the meeting at 7:38 pm.