

DISTRICT HEALTH NEWS

Marin Healthcare District. Creating a Healthier Marin Together.

Dear friends, neighbors, and members of the Marin community,



2019 was a transformative year for healthcare in the North Bay. We saw the exciting debut of MarinHealth,SM a healthy collaboration between our hospital, community doctors and clinics, and fundraising foundation. With new names and even stronger integration, they have joined forces to create a gateway to better health for the North Bay.

The countdown to the opening of our new hospital has begun and we are gearing up for team training in the new facility before welcoming patients to our state-of-the-art healing place.

Marin Healthcare District has committed \$200,000 per year from 2016–2020 to address unmet behavioral health needs in the North Bay, including:

- **Increasing behavioral health visits** in two of our primary care clinics
- Expanding the Medical Center’s **outpatient capabilities** to include a substance abuse disorder treatment program
- **Increasing psychiatric consultation** for patients admitted to the Medical Center for non-psychiatric issues by 15%
- **Enhancing integration between trauma and behavioral health** teams to screen all admitted trauma patients for PTSD and depression
- **Recruiting two new psychiatrists** into Marin Psychiatric Group to achieve 24/7 staffing for all behavioral health services
- Enabling physicians to apply for a **\$100,000 SAMHSA grant** to address opioid addiction
- Supporting the **continued expansion of ambulatory behavioral healthcare** as we move toward establishing a robust psychiatry clinic

We will be continuing our successful Community Health Seminars. You can read more about last year’s lectures, and upcoming topics, inside!

We also continue to address other community healthcare needs as they evolve. We’ve expanded our pediatric infusion program to include advanced IV therapy for patients ages 0 – 25. Our interventional cardiologists are now offering Transcatheter Aortic Valve Replacement (TAVR), a minimally invasive, catheter-based hybrid procedure to treat aortic stenosis.

In closing, I’d like to thank you for your support during the past few years of construction and our recent transition to MarinHealth. We look forward to caring for you and your family for many years to come.

Sincerely,

Lee Domanico, Chief Executive Officer

Marin Healthcare District Board of Directors

The residents of the District elect the directors of Marin Healthcare District at large. Directors serve four-year terms. Our current board members are:

Larry Bedard, MD
Chair, Board of Directors

Ann Sparkman, JD, RN, BSN
Vice-Chair, Board of Directors

Jennifer Rienks, PhD
Secretary, Board of Directors

Brian W. Su, MD
Director, Board of Directors

Harris “Hank” Simmonds, MD
Director, Board of Directors

Contact Us

1-415-464-2090
info@MarinHealthcare.org
www.MarinHealthcare.org



Your Gateway to Better Health

Medical Center • Medical Network • Foundation

You've likely seen and heard a lot about MarinHealthSM recently, but you may not be aware of exactly what it is. MarinHealth is made up of three key entities that collaborate to provide you with exceptional care: our Medical Center, Medical Network, and Foundation. We also have a strategic alliance with UCSF Health. That means UCSF Health specialists provide key services for the Medical Center in neurosurgery and several pediatric programs (outpatient surgery, diabetes, and the NICU). And our Medical Network clinics are part of UCSF Health. Together, we are proud to offer a healing place dedicated to serving our community well.

Health and Wellness Education from Local Experts

Ongoing Community Health Seminars

2019's Community Health Seminars focused on mental and emotional health. As evidenced by the high turnout, the choice of topics was useful and timely.

Our March seminar, *Suicide Prevention and Support*, featured speakers from Buckalew Programs, and Marin Behavioral Health and Recovery Services. California has seen an increase in suicides of nearly 15% between 1996 and 2016. In Marin, the rate is especially high — 12.2 per 100,000 compared to the state average of 10.5. Our seminar provided information on family and survivor support services and taught attendees to spot the signs that someone could potentially be at risk for suicide.

As the median age increases in the North Bay, health and transportation issues are leaving seniors increasingly isolated. Our October seminar, *Social Connection: The Key to Aging Well*, was conducted by experts from the Marin Department of Health and Human Services and from Whistlestop, which seeks to enhance independence and quality of life for seniors and people living with disabilities. The speakers educated seniors and their loved ones about the physical and emotional impact of isolation and offered strategies for people to take control of their health.



**The Benefits of Early Detection
of Dementia**
June 3, 2020, 6:30 pm

**Community Room @ Jason's Restaurant
300 Drakes Landing Road, Greenbrae, CA**

Join us for this special panel discussion featuring speakers from Jewish Family and Children's Services, the Alzheimer's Association, and MarinHealth neurologists.

**Save
the
Date!**

Visit www.MarinHealthcare.org for the most up-to-date information on our seminar series.

Excitement Is Building

The new Oak Pavilion at MarinHealth Medical Center is set to open later this year!

This summer, we look forward to the grand opening of our state-of-the-art new hospital building, the Oak Pavilion. While the existing Cedar Pavilion (West Wing) will remain operational, the new five-level, 260,000-square-foot space greatly increases our capabilities, with 114 new private patient rooms (for a hospital total of 193 patient beds). The spacious patient rooms have nature views and lots of natural light. Each room is equipped with a 55-inch HD television and a touchscreen.

We have tripled the size of our Emergency Department (ED) & Trauma Center, adding 25 private patient rooms and separate entrances and treatment areas for trauma, psychiatric, and high-security patients. Our new, 19-room Intensive Care Unit (ICU) has patient lifts to help staff safely move patients in and out of bed. Surgical facilities have been expanded to include dual-use interventional suites for electrophysiology, catheterization, and interventional radiology, as well as 18 pre-op and 17 post-op rooms.

With 15 new private labor, delivery, and recovery rooms, the new Maternity Services & Neonatal Intensive Care Unit (NICU) is ready for the North Bay's new babies! We've added two new procedure rooms and six NICU spaces.

The new hospital's flexible infrastructure will allow us to incorporate emerging technologies as they develop. Technology in the Oak Pavilion is uniformly state-of-the-art, from top-of-the-line imaging equipment to a breakthrough wireless physiological monitoring system that allows our patients to move around safely.

We have designed our new hospital to respect and protect nature while taking advantage of her healing power. Aiming for the LEED Silver sustainability designation for healthcare, we have created efficient energy and water systems. Indoor/outdoor solariums and drought-resistant green spaces on the grounds and rooftops of the Medical Center will serve as healing places for employees, patients, and visitors to enjoy some fresh air, sunshine, and views of Mt. Tam.

Coming Soon! Community Open House June 2020

This will be your one chance to see the technology and advancements behind the scenes, before we open for patients. We'll release more details as we get closer.



Find a clinic in a city near you!



You can count on MarinHealth Medical Network

Great care for every part of you in every
part of the North Bay.

Marin is renowned for its natural beauty, active lifestyle, and health-conscious community. To help you get and stay healthy, MarinHealth Medical Network,* in alliance with UCSF Health, offers excellent specialists and primary care providers in convenient offices in cities across the North Bay.

Learn about services and programs or find a doctor today!
1-888-996-9644 | www.MyMarinHealth.org

* Prima Medical Foundation and Marin Healthcare District Health Centers have joined forces as MarinHealth Medical Network.



Visit www.MyMarinHealth.org to see the full list of clinics and services in each city.

100B Drakes Landing Road, Suite 250
Greenbrae, CA 94904

