

DISTRICT HEALTH NEWS

Marin Healthcare District. Creating a Healthier Marin Together.

WINTER 2018

Dear friends, neighbors, and members of the Marin community,

It's been a remarkably productive year for Marin Healthcare District, culminating in the official launch of a clinically integrated system of care between our Marin clinicians and the broader UCSF Health



Bay Area network. Practically speaking, Marin General Hospital and UCSF Health have been growing our collaboration over the past seven years, providing the community with the highest level of expertise in pediatric diabetes, cardiology, high-risk pregnancy, neurosurgery, and intensive care for newborns. With the formal expansion of our strategic alliance, we

look forward to offering additional clinical collaborations and increasing the community's access to highly specialized medical care.

Meanwhile, progress on our new hospital continues apace. Thanks to a detailed pre-planning process, we have encountered remarkably few speed bumps along the way and construction remains on schedule. Planning is already ongoing for "ACT 2020," the complex training and transition process for moving our staff, equipment, and protocols over to the new building, MGH 2.0. We plan to welcome the first patients to our new "healing place" in June of 2020. You'll find more information about how construction is progressing inside this newsletter.

It is with great enthusiasm that I welcome another year of progress and positive changes for healthcare in Marin. We have only begun to reach our potential. As always, it is an honor and a joy to serve the Marin Healthcare District, Marin General Hospital, and our wonderful community. I wish you all a happy and healthy 2019.

Sincerely,



Lee Domanico
Chief Executive Officer

Marin Healthcare District Board of Directors

The residents of the District elect the directors of Marin Healthcare District at large. Directors serve four-year terms. Our current board members are:

Jennifer Rienks, PhD
Chair, Board of Directors

Larry Bedard, MD
Vice-Chair, Board of Directors

Brian W. Su, MD
Secretary, Board of Directors

Harris "Hank" Simmonds, MD
Director, Board of Directors

Ann Sparkman, JD, BSN
Director, Board of Directors

Marin Medical Practices Join UCSF Collaboration

January 1, 2019, saw the start of the official collaboration between the Marin Healthcare District Health Centers, Prima Medical Foundation, and UCSF Health. This change marks the launch of a clinically integrated system of care between Marin clinicians and the UCSF Health Bay Area network. This alliance will increase community access to high-quality specialty care and services. Patients will be able to continue seeing their same provider at the same location.

MGH 2.0 – A CONSTRUCTION UPDATE

Driving past Marin General Hospital these days, it's easy to see that construction of the replacement hospital building, MGH 2.0, has made great strides. The project is on schedule, both inside and out, in large part due to the sophisticated project delivery system known in the industry as "design build."

When coordination happens up front, the risk of delays and cost overruns is dramatically reduced. As Ron Peluso, the Project Manager, explains, "In a typical project, the architect hands construction documents to the owner, who finds a builder, and then the coordination of how all of the systems will be installed starts. Then you inevitably have errors, multiple change orders, and cost overruns. With design build, you bring in the contractor and the subcontractors up front." Long before the construction crew even broke ground on the new hospital building, the project's architect, engineers, contractor, and major subcontractors all sat down together to discuss the plans and address potential challenges. Then 3D models were created to analyze the design in more detail. When coordination is done up front, you can catch design flaws, anticipate construction challenges in advance, and work out the necessary changes in the model.

You can now clearly see the finished dimensions of MGH 2.0. The first few layers of the roof are installed to provide a waterproof membrane to protect the interior finishes and workers from the rains. As of this writing, all of the patient rooms have been framed and the in-wall mechanical, electrical, and plumbing are in varying degrees of completion depending on floor level. Production drywall started on Level 1 in November and will move through all levels of the building, completing this summer.

As complex and sophisticated as this project is, hospital leadership has done all they can to ensure that no matter what the crews are doing, it's business as usual for hospital patients and employees. And it won't be long before what was once a promising blue print for a new hospital becomes a powerful healing place for all of Marin.

PROJECTED MILESTONE DATES

April 2019 Start Interior Finishes

June 2019 Start Fire Alarm Testing

January 2020 OSHPD Completion

June 2020 New Building Opens



PREPARING THE PEOPLE FOR THE BUILDING AND THE BUILDING FOR THE PEOPLE

How do you move an entire hospital, care teams, processes, equipment, patients, and all? That is the daunting task facing Marin General Hospital Transition Director Lillian Chan and her work groups. While the new hospital is not scheduled to open its doors until June of 2020, planning for the move and future operations is already well underway.

This complex changeover has been given a name: ACT 2020. “Transition means moving from one stage to another,” Chan says. “Activation is getting operationally ready. ACT 2020 holds those two pieces together.” 2020, of course, is the year the hospital is set to “go live.” There are multiple logistical and human components to ACT 2020’s complex mission:

Budgeting and staffing for the complex training process and lining up per-diem replacement staff so that permanent staff can attend training.

Breaking through silos so that departments can continue to provide seamless care.

Making sure every care unit and patient room is fully equipped and technologically ready.

ACT 2020 includes plans to install more than 10,000 pieces of equipment, computers, and medical devices.

Orienting staff and getting them comfortable in their new setting. This can be as top-line as teaching people the new nomenclature for the building and as granular as showing them how to use their new electronic badges.

Training care teams and making sure each individual demonstrates competency in the new setting. For example, patient rooms will be equipped with ceiling lifts to transfer patients from bed to gurney safely. Staff will need hands-on training on these lifts and much more.

Rethinking workflows so that departments can continue to cooperate seamlessly.

Organizing two “Day in the Life” simulations for key staff to practice dispensing care in their new settings, with healthy volunteers filling in as “patients.” These simulations must be scheduled shortly before the replacement building opens its doors so the experience is fresh in everyone’s mind.

Selecting and training “super users” for new technologies. These newly minted experts will be a resource to help train and support colleagues.



Sequencing the patient move so that the transition happens in the safest, most efficient order.

Making sure the new hospital is ready for the licensing inspection.

The transition work has been organized in a tiered structure. At the top are the ACT 2020 Executive Sponsors, hospital Chief Operating Officer Jon Friedenbergh and Chief Nursing Officer Karin Reese, RN, MS. Next are the ACT 2020 Leadership Council and Core Team, which are responsible for integration and coordination. Leadership Council members head different functional readiness workgroups whose mission is to create and implement readiness plans. These workgroups are composed of multidisciplinary stakeholders, both clinical and nonclinical – 153 individuals in all, so far!

The workgroups currently meet every month but meetings will be scheduled more frequently as MGH 2.0 approaches opening day. “We’re constantly scanning for issues,” Chan asserts. “We meet with all the leads in between the workgroups.” But as complex as the logistics behind ACT 2020 may be, Chan and the hospital team are united by a common goal. As she puts it, “We have to stay true to our purpose. We are here to create a patient-focused healing environment—with the building, the people, the culture. We’re doing this so we can keep delivering safe, excellent patient care.”

A SUCCESSFUL HEALTH SEMINAR SERIES

Last year saw the launch of our Community Health Seminar Series. The first seminar took an in-depth look at the opioid epidemic, both nationally and, sadly, right here in Marin. The second presentation focused on the relationship between vaccinations and public health. Last in the series was the popular Men's Health Forum, focusing on men's urology, cardiology, and endocrinology. This year, the series kicks off with a seminar on mental health in Marin. This is one area where our exceptionally healthy county could use some improvement, especially in the areas of substance abuse and teen mental health.

For more information on upcoming events or to watch past recordings, go to www.marinhealthcare.org/events or call Louis Weiner, Executive Assistant to the Boards of Directors, at 1-415-464-2091.



100B Drake's Landing Road, Suite 250
Greenbrae, CA 94904

