

DISTRICT HEALTH NEWS

Marin Healthcare District. Creating a Healthier Marin Together.

WINTER 2018

Dear friends, neighbors, and members of the Marin community,



The Marin Healthcare District's mission is to ensure quality healthcare in our community. I'm delighted to report that we ended 2017 on a high note, with many accomplishments that will benefit the health of Marin.

The opening of our new Breast Health Center ushered in a new level of patient-centered care for the women of Marin, including a High Risk

Breast Program, a bone density testing room, and sophisticated new diagnostic equipment. All mammograms are now being performed using 3D tomosynthesis for sharper, more accurate imaging.

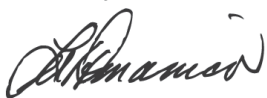
The Cardiovascular Center of Marin, one of our premier health centers, became the first in Northern California to offer Dr. Ornish's Program for Reversing Heart Disease®. In other good news for heart care, we launched our new Cardiovascular Performance Center, offering comprehensive sports cardiology care for adult athletes of all ages and levels.

We also opened three new health centers this year – North Bay Family Medicine, North Bay Rheumatology, and our large multidisciplinary health center at 75 Rowland Way in Novato. The Novato center offers patients access to primary care, vascular surgery, endocrinology, rheumatology, urology/urologic oncology, general surgery, behavioral health, cardiology, pediatrics, obstetrics and gynecology, and sports cardiology – all in one location.

To expand the availability of mental health care, the District has embedded psychiatric consultation clinics in many primary care and OB/GYN practices. This provides physicians with in-office support if they need a second opinion or advice on prescribing psychiatric medications.

It is my true pleasure to serve the Marin Healthcare District, Marin General Hospital, and the wonderful people of Marin. I am pleased to be embarking on another year of healthy change and progress for our community.

Sincerely,



Lee Domanico
Chief Executive Officer

Marin Healthcare District Board of Directors

The residents of the District elect the directors of Marin Healthcare District at large. Directors serve four-year terms. Our current board members are:

Ann Sparkman, JD, BSN, RN
Chair, Board of Directors

Jennifer Hershon, RN, MSN
Vice-Chair, Board of Directors

Jennifer Rienks, PhD
Secretary, Board of Directors

Harris "Hank" Simmonds, MD
Director, Board of Directors

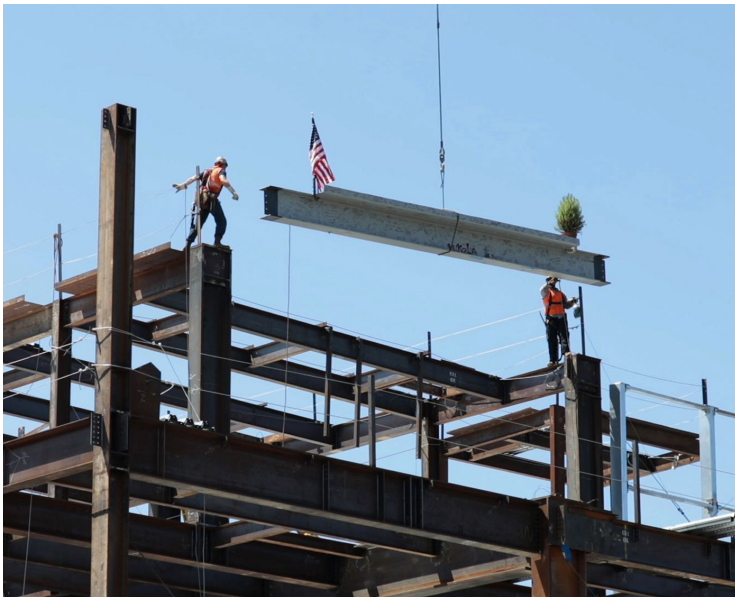
Larry Bedard, MD
Director, Board of Directors



THE ENTHUSIASM KEEPS BUILDING FOR MGH 2.0

For many, the phrase, “topping off” is something you do to your wine glass or coffee cup. In the building trade, the phrase marks the placement of the final beam on a structure’s steel frame. This significant milestone in the construction process is traditionally marked by a “topping off” ceremony. Our hospital’s new building was officially topped off on Wednesday, July 19, 2017, in a special event for hospital staff and physicians, donors, the construction team, and local representatives.

During the ceremony, MGH Foundation Board Member Bruce Braden’s generous bequest of \$21 million to the MGH Foundation – the largest in the history of the hospital – was announced.



The final beam is raised for the official “topping off.”

Mr. Braden is a longstanding donor whose generosity enabled Marin General Hospital to open the Braden Diabetes Center. An anonymous donor also pledged an additional \$10 million. These funds will be used for the construction and outfitting of the new hospital.

Set to open in 2020, MGH 2.0 will be a state-of-the-art healing place for Marin. The green, sustainable facility will provide a serene, patient-centric healing environment, resulting in an enhanced patient experience, shorter stays, and better outcomes. The four-story, 260,000-square-foot structure creates additional space for 115 new private rooms for patients, each with views of nature and natural lighting.

MGH 2.0’s flexible infrastructure was designed to accommodate the latest advances in technology, along with room for future upgrading and expansion. The Emergency Department (ED) will be tripled in size, from 7,000 square feet to 21,500 square feet.

MGH 2.0 HIGHLIGHTS

260,000 Square Feet

21,500 Square Foot Emergency Department *(3x Current Size)*

3 Dual-Use Interventional Suites for Electrophysiology, Catheterization & Interventional Radiology

3 New Operating Rooms

2 CT Scanners

115 New Private Patient Rooms

15 Birthing & Recovery Suites



Employees and attendees had the chance to sign the final beam before it was placed.

All 25 ED patient rooms will now be private, and there will be a separate entrance for trauma and psychiatric patients. For convenience and expediency, the ED will be adjacent to two CT scanners and an MRI. The surgery/intervention platform will be accessible directly from the ED, via private elevator, which will speed up our ability to provide care.



Construction workers hard at work.

Where medically appropriate, minimally invasive surgical approaches are fast becoming the standard of care. In keeping with this sweeping change, surgery will expand to include three dual-use interventional suites for electrophysiology, catheterization, and interventional radiology. Three new operating rooms are being built, in addition to eight currently in use in the West Wing. The hospital is also adding 18 pre-op and 17 post-op rooms.

The new ICU will have 19 spacious private rooms with all the modern technologies and conveniences, including patient lifts for the safety of patients and staff.

The new Family Birth Center will include 15 obstetrics rooms, plus one cesarean procedure room so we are always ready for emergencies. Six new Neonatal Intensive Care Unit (NICU) rooms are also being added.

To ensure that the new hospital is equipped with the most accurate, user-friendly technologies, Marin General Hospital forged a 15-year, \$90-million strategic partnership with the medical technology company Royal Philips. This is the first large-scale partnership of its kind for an independent community hospital. Royal Philips will provide Marin General Hospital with a comprehensive range of advanced medical technologies, including imaging systems, patient monitoring, telehealth, and clinical informatics solutions. Royal Philips will also provide design services, consulting, and clinical training on their equipment.

The Marin Healthcare District Website: www.marinhealthcare.org

We're all about you

In keeping with our responsibility to promote the health and wellness of Marin, our website is full of valuable information for our community, including:

- A description of the District's mission and history
- Our operating documents and leadership team
- A schedule of upcoming public meetings
- Information on Marin General Hospital and the MGH 2.0 hospital building project
- Notifications regarding upcoming community activities, such as our new Community Health Seminar Series
- Detailed information on each of our 13 health centers for both specialty and primary care, including physician bios, accepted healthcare policies, forms, financial assistance, and patient resources
- A "Find a Doctor" tool that allows you to search for a specialist or primary care physician (PCP) by location, language, or gender – including our PCPs currently accepting new patients



NEW! MHD Community Health Seminar Series

Did you know that while Americans make up just 4.6 percent of the world's population, they consume 80 percent of the world's opioids? That's just one of the many surprising things community members learned at the District's second Community Health Seminar on January 30, 2018. The series launched in October of 2017 with a presentation on California's new *End of Life Options Act* and both events were well received.

Our new Community Health Seminar Series is intended to inform and enlighten our community about topical issues around health and wellness. Held at Marin General Hospital, these evening events are free and open to all. The next scheduled talk for 2018 will be *Let's Talk Cannabis*.

For more information and dates go to www.marinhealthcare.org or call Louis Weiner, Executive Assistant to the Boards of Directors, at 1-415-464-2091.



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